

Welcome!

Everything we serve is **FREE**
of artificial trans fats and MSG.

at Jason's Deli...
we are happy to make **half-sandwiches**
and **reduced portion potatoes**. Just ask.

Jason's deli

Real choices

served with your choice of organic blue corn
tortilla chips & homemade salsa, fresh fruit,
steamed veggies or baked chips and a pickle.

Ciabatta 'Bello 6.99

portobello mushrooms, roasted tomatoes,
purple onions, homemade guacamole,
low fat swiss and organic field greens on
organic whole wheat ciabatta.

527 calories, 17 g. total fat, 6 g. saturated fat,
842 mg. sodium

Ciabatta Garden 5.99

organic field greens, homemade guacamole
and pico, cucumbers, red and yellow bell
peppers, asiago and low fat balsamic
vinaigrette on organic whole wheat ciabatta.

489 calories, 18 g. total fat, 7 g. saturated fat,
1323 mg. sodium

Ciabatta-Bing! 6.99

oven roasted turkey breast, roasted tomatoes,
purple onions, homemade guacamole,
low fat swiss and organic field greens on
organic whole wheat ciabatta.

588 calories, 18 g. total fat, 7 g. saturated fat,
1419 mg. sodium

Ciabatta Roast 6.99

lean roast beef, sautéed onions and bell
peppers, organic field greens, roma tomatoes,
low fat swiss, organic stone ground mustard
on organic whole wheat ciabatta.

598 calories, 18 g. total fat, 6 g. saturated fat,
1346 mg. sodium

Spinach Veggie Wrap 5.99

organic spinach, homemade pico and
guacamole, sprouts, mushrooms, asiago
with a side of homemade salsa.

423 calories, 17 g. total fat, 7 g. saturated fat,
1109 mg. sodium

Turkey Wrap 5.99

98% fat free oven roasted turkey breast, homemade
guacamole and ranch dressing, tomatoes, sprouts.

535 calories, 13 g. total fat, 2 g. saturated fat,
1694 mg. sodium

Turkey Slimwich 5.79

oven roasted turkey breast, lettuce, tomato,
organic stone ground mustard on rye.

315 calories, 3 g. total fat, 0.7 g. saturated fat,
1702 mg. sodium

Roast Slimwich 5.79

lean roast beef, lettuce, tomato, organic
stone ground mustard on rye.

339 calories, 5 g. total fat, 0.4 g. saturated fat,
1448 mg. sodium

Turkey Reuben 6.59

98% fat free oven roasted turkey breast,
sauerkraut, low fat swiss, organic stone ground
mustard, grilled on rye.

537 calories, 11 g. total fat, 5 g. saturated fat,
2778 mg. sodium

Club Lite 6.59

smoked turkey breast, low fat ham, lettuce,
tomato, low fat swiss and low fat honey
mustard on toasted whole grain wheat.

543 calories, 17 g. total fat, 6 g. saturated fat,
2054 mg. sodium

soups, fruit & salad bar

cup 2.59 • bowl 3.59

soup of the day
french onion
vegetable
tomato basil
broccoli cheese
red beans with sausage & rice

cup 3.59 • bowl 4.59

chili
southwest chicken chili
spicy seafood gumbo

cup 3.59 • bowl 5.59

chicken pot pie

Famous Salad Bar 6.99

all you can eat, fresh-cut vegetables, select
organics, homemade potato and pasta salads,
gingerbread muffins, garlic toast, etc., etc.

add a side of:

tuna salad, turkey, smoked turkey,
ham or chicken breast 1.49

add some soup!

cup .99 • bowl 1.59
bowl of chicken pot pie 1.99

Side Salad or

Caesar Side Salad 3.99

with purchase of sandwich, pasta
or potato.

Fresh Fruit Plate 5.99

served with creamy fruit dip.

Fresh Fruit Cup 2.59

served with creamy fruit dip.

and more salads

Nutty Mixed-Up Salad 7.49 
organic field greens, grapes, chicken breast, feta cheese, walnuts, dried cranberries, pumpkin seeds, raisins and organic apples. served with leo's balsamic vinaigrette.
salad without chicken 6.49

Marinated Chicken Breast Salad 6.99
tender chicken, cheddar, kalamata olives, tomatoes, homemade guacamole on mixed salad greens.

Chicken Caesar 6.99
romaine, asiago, croutons, caesar dressing, marinated chicken breast.
salad without chicken 5.99

The Big Chef 6.99
premium ham, oven roasted turkey breast, swiss, cheddar, tomatoes, kalamata olives, hard-boiled egg slices on mixed salad greens.

Taco Salad 6.99 
lettuce, organic blue corn tortilla chips, topped with your choice: chili, southwest chicken chili, or red beans with sausage. garnished with cheddar, sour cream, southwest spices, homemade pico and guacamole. served with homemade salsa. 

Homemade Tuna or Chicken Salads 5.99
tuna salad made with hard-boiled eggs; our chicken salad is made with almonds and pineapple. both on a bed of organic field greens, garnished with fresh fruit.

favorites

served with chips or baked chips and a pickle unless otherwise stated

Reuben THE Great 7.29
hot corned beef, swiss, sauerkraut, russian dressing, grilled on rye.

The New York Yankee 7.29
hot corned beef & pastrami, swiss on rye with your choice of mustard or mayo.

Santa Fe Chicken Sandwich® 6.59
marinated chicken breast, homemade guacamole, bacon, tomato, russian dressing, swiss, grilled on whole grain wheat.

Bird to the Wise® 6.59
oven roasted turkey breast, hot pastrami, swiss on toasted onion bun with your choice of mustard or mayo.

BLT 5.79
bacon, lettuce, tomato, mayo between toasted whole grain wheat.

Tuna Melt 5.99
homemade tuna salad, swiss, mayo, tomato, grilled on whole grain wheat.

Deli Club 6.59
premium ham and oven roasted turkey breast between toasted whole grain wheat with bacon, cheddar, swiss, lettuce, tomato, mayo.

Club Royale 6.59
smoked turkey breast, premium ham, bacon, lettuce, tomato, swiss, cheddar, honey mustard on toasted all butter croissant.

California Club 6.59
oven roasted turkey breast, homemade guacamole, tomato, sprouts, bacon, swiss, mayo on toasted all butter croissant. served with fresh fruit or baked chips or steamed veggies.

Ranchero Wrap 6.49
marinated chicken breast, homemade pico and ranch dressing, jalapeños, cheddar, southwest spices. served with organic blue corn tortilla chips and homemade salsa.

Philly Chick® Wrap 6.49
marinated chicken breast, sautéed onions and bell peppers, low fat swiss and low fat honey mustard. served with fresh fruit or baked chips or steamed veggies.

Special **manager's HALF SANDWICH DEAL**
half of **any sandwich** on the menu (excluding muffalettas) and your choice of **one:**
cup of any soup or fresh fruit **6.99**
side salad or caesar side salad **7.99**

po'boys

served on new orleans french bread with chips or baked chips and a pickle

Italian Cruz Po'boy 6.29 
premium ham & hard salami, organic stone ground mustard, leo's italian dressing, sliced italian peppers and roma tomatoes, asiago and shredded lettuce.

Beefeater 6.59
hot roast beef, provolone, mayo with cup of au jus.

Sergeant Pepper® 6.59
hot roast beef, sautéed onions and bell peppers, provolone, mayo with cup of au jus.

MeataBalla Po'boy 6.59
meatballs, Jason's own italian red sauce, provolone.

Pastrami Melt 6.59
hot pastrami, swiss, russian dressing.

pasta

served hot with garlic olive oil bread

Chicken Pasta Primo 7.29
penne pasta topped with our original tomato-basil sauce, marinated chicken breast and asiago.

Penne Pasta & Meatballs 7.29
penne pasta topped with Jason's own italian red sauce, meatballs and asiago.

Chicken Alfredo 7.29
penne pasta topped with creamy alfredo sauce, marinated chicken breast and asiago.

Vegetarian Fresco Garden Pasta 7.29  
grilled portobello mushrooms with oven roasted herb tomatoes, organic spinach, artichokes and asiago over bowtie pasta.

prefer marinated chicken breast instead of portobello mushrooms? just ask!

Jason's deli®

muffalettas

premium ham & hard salami or oven roasted turkey breast muffaletta with provolone and homemade olive mix, grilled to perfection. served with chips or baked chips and a pickle.

Special **quarter-muff DEAL**

premium ham & hard salami or oven roasted turkey breast muffaletta with choice of any cup of soup or fresh fruit cup. **6.99**

9" Whole-Muff 10.99

Half-Muff 7.59

Quarter-Muff 5.99

paninis & wrapinis® *served with chips or baked chips and a pickle*

Smokey Jack Panini 6.59

smoked turkey breast and bacon with jalapeño pepper jack, roma tomatoes, russian dressing and homemade guacamole, pressed between olive oil basted french bread.

Chicken Panini 6.59 

marinated chicken breast with provolone, basil pesto with pine nuts, roma tomatoes and organic spinach, pressed between olive oil basted french bread.

Chicken Club Wrapini® 6.59

grilled marinated chicken breast, bacon strips, purple onions, roma tomatoes, homemade ranch dressing, swiss and cheddar, pressed between olive oil basted wrap bread.

Grilled Portobello Wrapini® 6.59  

grilled portobello mushroom marinated in leo's italian dressing, homemade guacamole, homemade pico de gallo, organic spinach and asiago, pressed between olive oil basted wrap bread.

potatoes *reduced portion potatoes for \$1 less*

The Plain Jane® 6.19

natural buttery blend, cheddar, sour cream, bacon, green onions.

Spud Au Broc® 6.19

covered with broccoli cheese soup, cheddar, fresh broccoli, green onions, bacon.

Pollo Mexicano 6.39

marinated chicken breast, sour cream, homemade pico, cheddar, natural buttery blend, southwest spices.

Fiesta 6.39

chili or southwest chicken chili, cheddar, purple onions, natural buttery blend.

Texas Style Spud® 6.39

smoked barbecue, cheddar, natural buttery blend.


build your own *served with chips or baked chips and a pickle*

choose a meat




5.79

roast beef
oven roasted turkey breast
smoked turkey breast
premium ham
homemade tuna salad
homemade chicken salad
hard salami

pick your bread

plain or toasted!
whole grain wheat
rye
white
wrap
new orleans french bread
all butter croissant
onion bun
organic whole wheat
ciabatta 

dress it up!

mustard 
organic stone ground mustard
mayo
italian peppers
lettuce
organic field greens 
organic spinach 
tomato
purple onion rings
basil pesto with pine nuts
leo's italian dressing
low fat balsamic vinaigrette
extra virgin olive oil

6.29

hot corned beef
hot new york style pastrami


add some cheese .59 extra

imported • provolone • cheddar
american • jalapeño pepper jack • low fat swiss

add something special .79 extra

roasted red pepper hummus • homemade guacamole • sliced avocado
oven roasted herb tomatoes • homemade pico de gallo

substitutes for chips & pickle .99 extra

 organic blue corn tortilla chips & homemade salsa • steamed veggies • american potato salad
honey mustard coleslaw • italian or tuna pasta salad • fresh fruit **1.49 extra**

Jason's deli®



dine-in or to-go for kids 12 and under
every junior meal includes a drink choice:
organic apple juice, milk or kid's fountain drink

Organic Peanut Butter & Jelly 1.99  **V**

Deli Hot Dog 1.99 add chili .59

Grilled Cheese 1.99 **V**

whole grain wheat or white bread.

Little Deli Plate 3.29

premium ham or oven roasted turkey breast sandwich with american cheese.

choice of bread: whole grain wheat, white or wrap.

the 4 meals above include a choice of one side: organic carrots, organic apples, fresh fruit or chips & pickle.

Junior Salad Bar 3.29 

Junior Jane Baked Potato 3.29


with cheddar, sour cream, bacon and natural buttery blend.

Spaghetti & Meatballs 3.29

Pepperoni or Cheese Pizza 2.59


Mac & Cheese 2.59 **V**

cup 1.79

steamed veggies 
tuna penne pasta salad
italian pasta salad
american potato salad
3 bean salad (edamame/kidney/garbanzo)
honey mustard coleslaw

sides

your choice! 2.29

 organic blue corn tortilla chips with your choice:
homemade salsa, homemade guacamole
or roasted red pepper hummus.

cup of fresh fruit 2.59

served with creamy fruit dip.

bagel & cream cheese with fruit 2.99

drinks free refills with fountain drinks and tea

Fountain Drinks 1.89

Unsweetened or Sweetened Tea 1.89

Black Currant Tea 1.89

Lemonade 1.89

Jason's Water 1.69

San Pellegrino 1.99

Fiji Water 1.99

Orange Juice 1.89

Apple Juice 1.89

Boylan Sodas 1.99

Abita Root Beer 1.99

Bottled Teas 1.99

Milk .89

Jason's Java 1.29

Hot Tea 1.29

Wine* 2.99

Beer* 2.99

Premium Beer* 3.99

*where available

desserts

Fresh Baked Cookies .99

cranberry walnut oatmeal,
chocolate chip, white chocolate
macadamia nut or peanut butter.

Fudge Nut Brownie 1.29

Baklava 1.29

Strawberry Shortcake 2.99

Classic Cheesecake 2.99

Strawberry Cheesecake 2.99

Turtle Cheesecake 2.99

Fruit-topped Cheesecake 2.99


Carrot Cake 2.99

Menu Notes

The nutritional information provided is a compilation of data provided by Analytical Food Laboratories, Grand Prairie, TX (an independent testing facility contracted by Deli Management, Inc. d/b/a Jason's Deli.) While menu item ingredients are based upon standard product recipes and portions, variations may and do occur based upon ordinary differences inherent in the preparation of menu items, local suppliers, region of the country and season of the year. As many of our products are prepared by hand, serving sizes may vary. Further, differences in available packaging or serving containers may affect serving size.

V Designates vegetarian items.

 Contains one or more USDA certified organic ingredients.

 Our product specifications result in a menu that is free of artificial trans fats and partially hydrogenated oils but are not necessarily low in saturated fat.

 If you have any questions or suggestions, please call 1-800-444-DELI, or visit us online: jasonsdeli.com

please eat responsibly.

Jason's deli 

Please Visit

jasonsdeli.com

**For addresses, phone numbers,
fax numbers, maps, online ordering and more.**

ALABAMA
Homewood
Hoover
Huntsville
Montgomery
Tuscaloosa

ARIZONA
Chandler
Gilbert
Glendale
Phoenix
Scottsdale
Tucson

ARKANSAS
Fayetteville
Little Rock
North Little Rock

CALIFORNIA
Riverside

COLORADO
Aurora
Broomfield
Colorado Springs
Denver
Englewood
Fort Collins
Greenwood Village
Lakewood

FLORIDA
Altamonte Springs
Boynton Beach
Cape Coral
Clearwater
Fort Myers
Jacksonville
Jacksonville Beach
Naples
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Pembroke Pines
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Wichita

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Louisville

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Omaha

NEVADA
Henderson
Las Vegas

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Greensboro
Hickory
Huntersville
Pineville
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Abilene
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Amarillo
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Beaumont
Bedford
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Denton
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Harlingen
Houston
Humble
Irving
Katy
Killeen
Kingwood
Lewisville
Longview
Lubbock
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McKinney
Mesquite
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Waco
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Orlando, FL
Wellington, FL
Palatine, IL
Louisville, KY
College Park, MD
Las Cruces, NM
Moorestown, NJ
Dublin, OH
Fairfax, VA

Jason's deli

Remember Gift Cards!

Available at all deli locations and online: jasonsdeli.com

dine-in, take out & delivery
delivery charge and minimum may apply

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